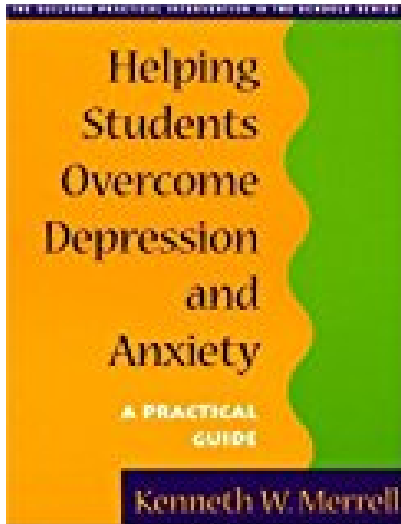


Helping Students Overcome Depression and Anxiety A Practical Guide



BOOK DETAILS

- Author : Kenneth W. Merrell
- Pages : 231 Pages
- Publisher : The Guilford Press
- Language : English
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BOOK SYNOPSIS

Now in a revised and expanded second edition, this bestselling guide provides expert information and clear-cut strategies for assessing and treating internalizing problems in school settings. More than 40 specific psychoeducational and psychosocial intervention techniques are detailed, with a focus on approaches that are evidence based, broadly applicable, and easy to implement. Including 26 ready-to-use worksheets, in a large-size format with permission to photocopy, the second edition has been updated throughout to ensure its currency and clinical utility. Coverage of psychiatric medications has been extensively revised with the latest developments and findings. A new chapter addresses prevention-oriented social and emotional learning curricula for the classroom. This book is in The Guilford Practical Intervention in the Schools Series.

HELPING STUDENTS OVERCOME DEPRESSION AND ANXIETY A

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